



Preparing for an annual veterinary visit

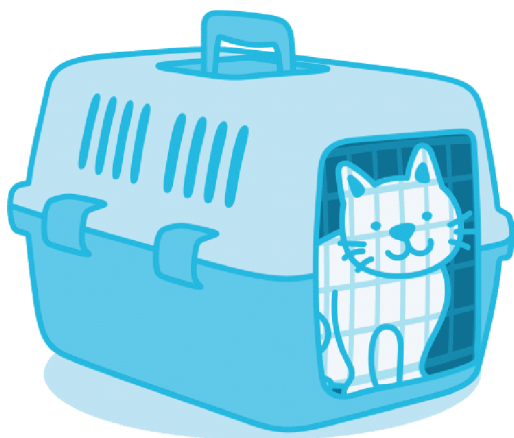
Does your cat have a veterinary visit coming up? Here are some tips to make the visit go as smoothly as possible for both you and your pet!

01 How to prepare



- Practice **touching** your cats **paws**, **looking** in their **ears** and at their **teeth**. **Reward** them with treats as you do this so they are used to being touched in these places. **Go slowly** and take lots of breaks
- If your cat tends to be anxious or has shown anxiety or aggression at previous visits, talk to your veterinarian about using an **anti-anxiety medication** prior to the visit

- It is helpful to get your cat used to their **kennel** before going to the vet.
 - Keep the kennel in **quiet** spot in your home where the cat will visit
 - Feed meals or place treats in the kennel
 - Reward** the cat with treats when it voluntarily enters the kennel
 - Once comfortable in the kennel with the door open, start closing the door for a moment
 - Gradually increase the time the door is closed
 - Ensure the cat is always comfortable and provide lots of treats so it is a **positive experience**.
- If you do not have a kennel, you can use a ventilated duffel bag, cardboard box with holes or a plastic bin with holes



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What to bring

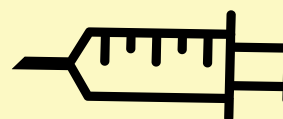
- **Vaccine** and **medical record**
- Any **medications** or **supplements** your pet is currently taking
- The **name of the food** and **amount** (in grams or cups) you are feeding daily
- Your cats favorite **treats**
- Bring your cat in a **kennel** or other carrier to the veterinarian
- Any **concerns or questions** you have for the veterinarian



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What to expect

- First, the veterinarian will ask you a series of **questions** to get to know your pet better
- Next, the veterinarian will do a **physical exam** to determine if there are any abnormalities in different organ systems
- The veterinarian may recommend other **tests**, like blood work or x-rays, depending on your concerns and their physical exam



- They may give **vaccines** if they are due
- They may **prescribe medications** or make **recommendations** to improve or maintain your cats health